



Class Times

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						8:30 – 9:30am Sexy Circuit (Andre)
		9:30-10:30 Gooszsh Fit (Dorian)		9:30-10:30 am Gooszsh Fit (Dorian)		
10:00 – 11:00am Cardio Crazy (Andre)	3:00 – 4:00 pm Gooszsh Fit (Nick)		3:00 – 4:00 pm Gooszsh Fit (Nick)			
	5:30 – 6:30 pm Gooszsh Fit (Dorian)			5:30 – 6:30 pm Gooszsh Fit (Nick)		
	6:30 - 7:30 pm Gooszsh Fit (Dorian)	6:30 - 7:30 pm Real Kettle Bells (Nick)	6:15 - 7:15 pm DDP Yoga (Christina)	6:30 - 7:30 pm Tornado (Dorian)		

Consultations and first appointments

Email: [GooszshFit@gmail.com](mailto:GooszshFit@gmail.com) or Call: 954-755-2900

Schedule class times @ [Studio4Fitness.net](http://Studio4Fitness.net)